
Lize R. Glas

Cambridge – Antwerp – Portland

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When enjoying the view of Nijmegen from the train which was crossing the river Waal in August 2011, I realised that the job interview which I just had could change the course of my coming years. It would mean moving from the west to the east of the country and doing something new, namely writing a PhD thesis, rather than returning to something I know, namely studying. What I did not yet realise was how much I would enjoy the process of writing a thesis and engaging in related activities such as teaching and attending meetings of all sorts. Nor did I realise how important a good doctoral supervisor is to an instructive and fruitful PhD, nor yet how lucky I was that Professor Janneke Gerards would be my supervisor. Janneke has taught me a lot, such as that a solid structure is very important but that it should not work to the detriment of being ‘kind’ to one’s readers. She has also shown me that one can respond promptly and comprehensively even when one is very busy. In other words, Janneke has been the most complete supervisor, being both a friendly colleague and a great academic mentor.

Another train journey, a little less than three years later led me to Strasbourg, once again for interviews. This time, though, I was the one conducting the interviews, albeit of a different type than the one in Nijmegen: research interviews. The 34 interviewees not only shared their knowledge but also their interest in the procedures that I was researching. These interviews were made possible by the suggestions made for interviewees by a number of helpful persons. Other contributors to the content of my thesis are the members of the manuscript committee. I would like to thank them both for that contribution and for the contribution they will make to the seminar that Janneke and I have organised on the occasion of my defence of this thesis.

At the university, the faculty board and human resources department’s flexibility permitted me to switch from working full-time, to part-time, to full-time, to part-time and again to full-time. This gave me room to work for a period as a project officer for the Advice on Individual Rights in Europe Centre and to complete a bachelor’s degree in Dutch law alongside my PhD thesis. The first opportunity was very stimulating and the second has reminded me that learning is a special and exciting process and has confirmed that my heart lies with human rights and European law.

My colleagues at both the Department of European and International Law and that of Constitutional Law have made working at the law faculty a pleasure. Thank you for your interest in the progress of my PhD and bachelor’s. I am especially
thankful to Suzanne for her company and advice. We have remained roommates despite two moves, the faculty’s from the TvA building to the Grotius building and mine between departments, for good reason. As for my newest colleagues: although I am still a newbie in the team of editors of the *Nederlands Tijdschrift voor de Mensenrechten/NJCM-Bulletin* I can already say that I am happy to be on board.

My joy in going to work can also be explained by the enjoyable times I have spent after work time: the usually culinary-oriented reunions with the ‘Sunday dinner group’ and other friends, the excursions with the *Jonge Democraten* and *Jonge Garde* and the activities that belong to membership of a volleyball team and the local Amnesty International schools’ group. I thank Annick, my first paranymph, by name for her attentiveness and the great times we shared, first in the UK, now in the Netherlands, and in other places. Varouna I would like to thank for the never-ending stream of letters, packages and digital messages sent from the US. Somewhere halfway through my PhD project I met Bilal. He loves and accepts me for who I am, a mind-set more people ought to adopt. *Sen benim için çok değerlisin.*

Many domestic train journeys brought me back to Leeuwarden, to my parents, *heit en mem*, and to Leiden, to my sister Iris, my second paranymph. In both places I am always more than welcome and received with much enthusiasm and delicious treats. Each time I visit I feel at home and supported. I am afraid that my parents’ visits to Nijmegen have been less relaxing for them than my visits to Leeuwarden are for me. When I was writing my PhD proposal at the faculty, my parents were taking down a wall and building a new one in my apartment. These and the numerous other improvements they made to my apartment make me feel at home in Nijmegen too. About four years later, in the same 24 hours in which I received both the approval of my thesis and my bachelor’s diploma, Iris heard that she had been accepted for a PhD at Erasmus University. We have come full circle. I hope that you will enjoy your PhD as much as I did mine.

Nijmegen, 1 November 2015
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<tr>
<td>Art.</td>
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<tr>
<td>Assembly</td>
<td>Parliamentary Assembly of the Council of Europe</td>
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<td>CDDH</td>
<td>‘Comité directeur pour les droits de l’Homme’/Steering Committee of Human Rights</td>
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<td>CLAHR</td>
<td>Committee on Legal Affairs and Human Rights of the Assembly</td>
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<td>Commissioner</td>
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<td>ECtHR</td>
<td>European Court of Human Rights</td>
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<td>Execution Department</td>
<td>Department for the Execution of Judgments of the Court</td>
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<td>FYROM</td>
<td>Former Yugoslav Republic of Macedonia</td>
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<td>HLC</td>
<td>High level conference</td>
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<tr>
<td>NGO</td>
<td>Non-governmental organisation</td>
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<td>National human rights institution</td>
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